



What's on the Menu?



The Arthur School: November 2022 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Every meal includes an entrée supplying grain and sometimes additional protein, fresh fruit, and a choice of low-fat and fat-free milk</p>	<p>1 Breakfast Bagel w/ Jam and Lt Cream Cheese</p> <p>Fresh Fruit</p>	<p>2 Chicken Biscuit Sandwich</p> <p>Fresh Fruit</p>	<p>3 Assorted Pop Tarts</p> <p>Graham Crackers</p> <p>Fresh Fruit</p>	<p>4 Pancake on a Stick</p> <p>Fresh Fruit</p>	
	<p>7 WG Blueberry Muffins w/ Turkey Breakfast Sausage</p> <p>Fresh Fruit</p>	<p>8 Sausage Biscuit</p> <p>Fresh Fruit</p>	<p>9 Assorted Cereal</p> <p>Graham Crackers</p> <p>Fresh Fruit</p>	<p>10 French Toast Sticks w/ Jam</p> <p>Fresh Fruit</p>	<p>11 Assorted Yogurt Cup w/Graham Crackers</p> <p>Fresh Fruit</p>
	<p>14 Sausage and Cheese English Muffin</p> <p>Fresh Fruit</p>	<p>14 Toasted Ham and Cheese Sandwiches</p> <p>Fresh Fruit</p>	<p>16 Cinni Minis</p> <p>Fresh Fruit</p>	<p>17 Sausage, Egg and Cheese Biscuit</p> <p>Fresh Fruit</p>	<p>18 Breakfast Bagel w/ Lt Cream Cheese</p> <p>Fresh Fruit</p>
	<p>21 No School</p>	<p>22 No School</p>	<p>23 No School</p>	<p>24 No School</p>	<p>25 No School</p>
	<p>28 Sausage and Egg Biscuit</p> <p>Fresh Fruit</p>	<p>29 Turkey Ham and Cheese English Muffin</p> <p>Fresh Fruit</p>	<p>30 Chicken Biscuit Sandwich</p> <p>Fresh Fruit</p>	<p>  Vegetarian  Locally Grown </p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>	